



BREAKFAST/LIGHT MEALS

PANCAKES: 2 large fluffy pancakes with your choice of plain, banana or pineapple drizzled with syrup and grated coconut. **Rp 45,000**

FRUIT SALAD: A medley of seasonal local fruit, served with plain yogurt, honey and a sprinkle of granola. **Rp 55,000**

BRUSCHETTA:

- **Classic:** 2 Pieces of chunky sourdough bread, smothered in homemade basil pesto, topped with diced tomato, onion and basil **Rp 65,000**
+ Crumbed Feta **Rp 10,000**
- **Modern:** Smashed avocado on 2 slices of crunchy sourdough, with crumbed feta and fresh mint leaves. **Rp 65,000**
+ Poached Eggs **Rp 20,000**

BREAKFAST BAGEL: Sesame seed bagel grilled to perfection with melted cheese, fried egg and bacon, with our own chilli mayo. **Rp 55,000**

OMELETTE w Sourdough:

Huge chunky egg omelette with your choice of filling: Ham / bacon / cheese / tomato / onion / spinach...or all of the above! Served with chunky sourdough toast. **Rp 65,000**

HCT CROISSANT: French buttery deliciousness, with ham, cheese, tomato and seeded mustard. BONJOUR! **Rp 65,000**

EGGS BENEDICT: English muffin served with poached eggs, on top of smoked ham, smothered in home-made hollandaise sauce. **Rp 65,000**

CORN FRITTERS w Poached Eggs: 2 Golden fried corn fritters with perfectly poached eggs on top. Served with our own chilli mayo. **Rp 75,000**

EGGS ANYWAY with Sourdough Toast: Perfectly Poached / Scrumptiously Scrambled / Fried Freddie's, served on 2 slices of chunky sourdough toast **Rp 55,000**

OPTIONAL SIDES/EXTRAS

- Avocado **Rp 15,000**
- Grilled tomato **Rp 15,000**
- 2 Bacon rashers **Rp 20,000**



SMOOTH OPERATORS: Blended fruit smoothies with coconut milk - like healthy ice cream!!! Please understand certain fruits are seasonal so ask our lovely staff if your choice is available.

THE CRAZY COCONUT - Coconut milk & banana blended with yogurt & syrup, topped with toasted coconut and granola. **Rp 65,000**

PINEAPPLE EXPRESS - Pineapple, banana, coconut milk, blended and served in a pineapple bowl with cashews, mint and toasted coconut. **Rp 65,000**

DRAGON SLAYER - Dragonfruit, coconut milk, banana, blended and served in a coconut bowl with fresh dragonfruit, toasted coconut and granola. **Rp 65,000**

MANGOLISCIOUS - *Seasonal* Mango, banana, coconut milk, blended and served with toasted coconut, granola, fresh mango & mint. **Rp 65,000**

SAFE SALADS: Mineral water washed salads, served with dressings on the side. Add extras to fill you up!

The Lembongan: This fresh and crispy slaw of shredded red cabbage, coconut, carrot, coriander and spring onion, comes with a sprinkling of sesame seeds and is topped with a coconut, lime, avocado coriander dressing. Delish! **Rp 50,000**

The Ceningan: Arugula leaves, ribboned cucumber, avocado, feta, red onion and mint. Served with olive oil & lime vinaigrette or home made basil pesto dressing. **Rp 50,000**

The Penida: Bacon, green beans, cherry tomatoes with red onion, tossed through a balsamic and olive oil dressing. **Rp 50,000**

The Ubud: Crispy romaine lettuce with cherry tomatoes, avocado, cucumber and chopped parsley, with a lime, garlic vinaigrette dressing topped with sesame seeds. Simple, but full of flavour! **Rp 50,000**

+ add chicken pieces **Rp 15,000**

+ add bacon pieces **Rp 15,000**

All prices include 11% government tax & 5% service charge



MAKE YOUR OWN TOASTY

Choose your bread:

PANINI / CROISSANT / SOURDOUGH / BAGEL

Choose your spread:

BUTTER / MUSTARD / PESTO / AVOCADO

Choose your meat:

HAM / CHICKEN / BACON

Choose your extras:

CHEESE / TOMATO / AVOCADO / LETTUCE / ONION

Served with French fries or side salad

Rp 65,000



BAR SNACKS

Grilled Corn: Whole corn cob BBQ'd and smothered with butter and salt	Rp 35,000
French Fries: Served with tomato sauce	Rp 30,000
Onion Rings: Served with chilli mayo	Rp 35,000
Popcorn Chicken: Bite sized honey BBQ glazed chicken pieces, sprinkled with sesame seeds and served with chilli mayo	Rp 50,000
Tortilla Chips & Guacamole: Served with lime wedges and coriander	Rp 50,000
Sourdough & Dips: Trio of dips; pesto, hummus & Mexican bean, served with lightly grilled sourdough.	Rp 65,000

MAINS

Nasi Goreng or Mie Goreng: Local delight of fried rice or noodles, with in house made Bumbu Bali paste (lemongrass, ginger, candlenut) and vegetables, topped with a fried egg. Served with our own traditional Balinese sambal.	Rp 55,000
+ Add chicken	Rp 15,000

Urap Sayur: A delicious vegetarian mix of green beans, bean sprouts, grated coconut with a coconut dressing, served with rice, and traditional sambal sauces. **Rp 65,000**

Gado-Gado: Traditional Balinese salad of cabbage, green beans, boiled egg and bean sprouts with a peanut sauce, served warm, with rice and sambal sauces. **Rp 65,000**

Satays: 6 succulent satay's grilled over coconut husks, served with traditional Balinese vegetables, peanut sauce and plain rice.

Chicken	Rp 70,000
Fish	Rp 70,000

Coconut Curry: Full flavoured, mildly spiced Balinese coconut curry, served with steamed rice and Balinese vegetables. It's a favourite!

Chicken	Rp 75,000
Fish	Rp 75,000
Vegetable	Rp 65,000



Tacos: 2 x Huge soft tortilla's served with your choice of battered barramundi or chicken, loaded with red cabbage slaw & chilli mayo. **Rp 70,000**

Chicken Pesto Pasta: Our homemade basil & cashew pesto sauce, tossed through spaghetti with grilled chicken, cherry tomatoes, rocket & parmesan **Rp 75,000**

Penne Matriciana: Sautéed chilli, bacon and garlic in a rich tomato sauce, served on penne pasta with dried chilli flakes and fresh parsley. **Rp 75,000**

Creamy Carbonara: Bacon, onion & garlic in a rich creamy parmesan sauce, served over spaghetti with grated cheese and parsley. **Rp 75,000**

Grilled or Fried Chicken **Rp 80,000**

Delicious moist chicken leg, served with your choice of sides:

- Rice & Urap Sayur (green beans, coconut cream, bean shoots)
- Chips & Salad

All served with our homemade sambal (mild chilli paste/sauce)

Fish & Chips: Chunky barramundi, crumbed and golden fried, served with chips, tomato sauce and a side salad. **Rp 85,000**

Chicken Deluxe Burger: Grilled chicken breast, topped with bacon & melted cheese, in a sesame seed bun, with onion, tomato, red cabbage slaw and chilli mayo. Served with golden fried onion rings. **Rp 85,000**

Barramundi Burger: Chunky Barramundi fried fillet in a sesame seed bun with red cabbage slaw, onion, tomato and chilli mayo, served with golden fried onion rings. **Rp 85,000**

FOR THE LITTLE COCONUTS:

French Fries served with tomato sauce **Rp 30,000**

Grilled Corn Cob BBQ'd and smothered with butter and salt **Rp 35,000**

Chicken & Chips - Bite size pieces of chicken, battered and fried, served with chips and/or salad. **Rp 45,000**

Mini Pasta - Choose a mini version of any of our pastas **Rp 45,000**



DESSERT:

Banana Split - Fried banana smothered in ice-cream & chocolate sauce	Rp 45,000
Nutella Pancake - Plain or banana pancake coated in Nutella spread	Rp 45,000
Ice Cream - 3 scoops of chocolate/strawberry/vanilla ice cream covered with chocolate sauce	Rp 45,000
Affogato - A shot of espresso poured over a scoop of vanilla ice cream	Rp 45,000
Chocolate Tart served with vanilla ice cream or cream	Rp 45,000
Fresh Fruit & Ice Cream served with chocolate dipping sauce	Rp 45,000

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