

Ombak

ZERO WASTE CAFE

WHO WE ARE & WHAT WE DO

*"We don't need a handful of people doing zero waste perfectly.
We need millions of people doing it imperfectly." – Anne Marie Bonneau*

Welcome! Ombak is the first Zero Waste Cafe in Nusa Lembongan. Zero Waste is a goal that we try to achieve to keep this island beautiful and waste-free.

A percentage of our profits goes towards **PLASTIC EXCHANGE** in our village. A program that exchanges rice with separated trash to support those in need of food, and educate the community the importance of waste separation. To learn more, please check [@plasticexchange_nusalembongan](#).

We compost our organic waste; feed animals any food waste; homemade most of our condiments & other ingredients such as our coco milk & granola; try to purchase directly from suppliers to steer clear of unnecessary packaging; avoid single-use plastic items whenever possible; and recycle any plastic bottles or containers that we could not avoid.

Unfortunately when going zero waste we are sometimes burdened with higher costs, which is reflected in our prices. For example, purchasing items without packaging is sometimes more expensive than products with plastic wrapping. However, we are hopeful that over time with an increased demand for less plastic, our costs will start to decrease.

We started Ombak to bring together like-minded eco-conscious individuals, and to educate the Lembongan community and travellers to our island. We are always open to new ideas on how we can be more zero waste, and suggestions on how we can improve as a whole.

Almost all condiments & sauces are homemade. If you have any allergies, please let us know.

If you like what we are doing, please support us by spreading the word, follow us on social media [@ombakzerowastecafe](#) or write us a review on Google and Trip Advisor.

DRINKS

COFFEE

BALI COFFEE 15
ESPRESSO 25
AMERICANO | LONG BLACK 30
MACCHIATO 28
LATTE 30
CAPPUCCINO 30
FLAT WHITE 30
MOCHA 35
NEW AFFOGATO 45

TUMERIC LATTE 30
MATCHA LATTE 30
HOT COCOA 30
BABYCINO 20

FRESH MILK | HOMEMADE COCO MYLK No extra charge
ALMOND MYLK +10
OAT MYLK +8
MAKE A DRINK COLD +5
EXTRA SHOT +10

HOT COFFEE + BANANA BREAD 40
ICED COFFEE +5
GLUTEN-FREE BANANA BREAD +10

TEA

Made with loose leaf tea

BLACK TEA 15
GINGER | LEMON TEA 18
GREEN TEA 20 (low caffeine)

ICED TEA 20
ICED GINGER | ICED LEMON TEA 23

JAMU

Balinese tumeric, ginger and lime elixir

HOT JAMU 30
ICED JAMU 40
ORANGE JUICE & JAMU 45

DRINKS

V VEGAN
GF GLUTEN FREE
SF SUGAR FREE

SMOOTHIES SF

GOOD KARMA 60

Great for farmer, great for you! Direct support of local seaweed farmers. Protein Cube packed with Lembongan's seaweed, chlorella, spirula, spinach, banana, lime, orange, ginger

CENINGAN 45

Mango, strawberry, banana

DAWN PATROL 45

Espresso, banana, cinamon, dates, milk

BANANA BOAT 50

Homemade peanut butter, banana, cocoa powder, coco milk

TROPICAL SUNRISE 40

Banana, papaya, lime, ginger

NOSE RIDER 45

Mango, banana, lime

YELLOW BRIDGE 40

Pineapple, orange

DEVILS TEAR 40

Dragonfruit, banana, lime, coco milk

SUNSET POINT 45

Strawberry, orange, banana

MANGROVES 40

Kale, pineapple, banana, lime, coco milk

COCONUT BAY 40

Pineapple, banana, coco milk

SECRET BEACH 45

Banana, strawberry, yoghurt

THE OMBAK 40

Pineapple, cucumber, mint, lime

FRESH OJ 40

Freshly squeezed orange juice

SINGLE FRUIT JUICES 35

Papaya | banana | watermelon | pineapple | mango

REFRESHERS

WHOLE YOUNG COCONUT 35

LEMON SQUASH 30

Freshly lemon & lime juice with soda water
Add ons- Strawberry | Mango | Ginger | Mint +5

COKE, SPRITE, SODA, TONIC 20

1L WATER | BOTTLE REFILL 5

SLUSHIES

MANGO & MINT 50

DRAGON FRUIT & GINGER 45

STRAWBERRY & LIME 50

COCKTAILS

PINEAPPLE COCONUT MARGARITA 120 Jose Cuervo, pineapple juice, coconut milk, sour mix V

SPICY MANGO CHILI MARGARITA 120 Chili spiced Jose Cuervo, Tripple Sec, lime, fresh mango V

CLASSIC FROZEN MARGARITA 120

Jose Cuervo, Tripple Sec, sour mix V

THE NAUGHTY KARMA 120

The "naughty" version of our Good Karma smoothie!
Direct support of local seaweed farmers. Protein Cube packed with Lembongan's seaweed, chlorella, spirula blended with Captain Morgans Rum, strawberry, lime, sugar syrup V

GIN & CUCUMBER BASIL SMASH 100

Gordons Gin, cucumber, basil, lime, tonic water V

ROSEMARY GIN FIZZ 110

Gordons Gin, rosemary syrup, sour mix & soda water V

ESPRESSO MARTINI 110 Kahlua, Smirnoff Vodka, espresso, sugar syrup

WHISKEY SOUR 110

Red Label, aquafaba, sour mix V

COCO GINGER 120

Malibu, coconut water, soda water, ginger, mint, lime V

CUBA LIBRE 90

Captain Morgans Spiced Rum, coke, lime V

**HAPPY HOUR
EVERYDAY 4PM - 6PM & ALL DAY WEDNESDAY!**

ALL COCKTAILS 80K

BEER

SMALL SINGARAJA 30

LARGE SINGARAJA 50

ISLAND BREWING PILSNER 45

ISLAND BREWING SUMMER PALE ALE 55

ISLAND BREWING SMALL HAZY 75

FOOD

V VEGAN
GF GLUTEN FREE
SF SUGAR FREE



PLEASE CHECK OUR BLACKBOARD FOR
WEEKLY SPECIALS!

BREAKY

Change to gluten-free toast +5k

BOMBIE BREKKIE 70

Two eggs or tofu scramble, oyster mushrooms, balinese spinach, onions, roasted tomato, smashed avo, tomato onion relish, diced hashbrowns, toast

POCKET BREKKIE 60

Croissant with scrambled eggs, mozzarella cheese, mayo, feta, greens, cherry tomato

SMASHED AVO 60

Smashed avo, seasonal greens, cherry tomatoes, sunflower seeds, feta, olive oil, on toast v
Add 2 poached eggs or tempeh +10

PUMPIN' TOASTIE 50

Roasted pumpkin, caramelized balsamic onions, feta, seasonal greens, cherry tomatoes, tempeh chips, olive oil on toast
Add 2 poached eggs +10

VEGGIE OMELETTE 50

Spinach, oyster mushrooms, onions, green beans, carrots & mozzarella cheese, topped with tomato onion relish & toast

PANCAKES & FRUIT 50

3 stacked pancakes, honey, assorted fruits & chia seed
Add a scoop of ice cream +20

SEASONAL FRUIT SALAD 45 v GF

Add homemade yoghurt & granola +10

EGGS & SOURDOUGH 37

PLAIN CROISSANT 25

CHOCOLATE CROISSANT 30

ADD ONS

EGG 5 | SMASHED AVO 20 | EXTRA CHEESE 10
ROSEMARY HASHBROWNS 30 | GRANOLA 5
SOURDOUGH TOAST 5 | GLUTEN-FREE TOAST 10
TOMATO ONION RELISH 15 | CARAMELIZED ONION 15

SMOOTHIE BOWLS

With homemade tempe granola, fruit, seeds/nuts & coco flakes

MAHANA 70

Banana, strawberry, papaya, homemade yoghurt

PLAYGROUNDS 70

Banana, papaya, cocoa powder, oats, homemade coconut milk v

LACERATIONS 70

Dragon fruit, pineapple, papaya, banana, lime, homemade coconut milk v

SHIPWRECKS 70

Kale, pineapple, papaya, banana, ginger, orange, lime v

APPIES (12pm onwards)

FALAFELS & TAHINI 40 v GF

5 homemade falafels & tahini dressing



ONION RINGS 40

Crumbed with sourdough served with mayo

CRISPY CORN FRITTERS 40 v

4 pieces of crispy corn fritters & sambal

TEMPE SATAY 35 v

4 skewers of satay served with house made peanut sauce

CHICKEN SATAY 40

3 skewers of chicken satay with house made peanut sauce

SWEET POTATO FRIES 40 GF

Balinese sweet potato fries served with house made spicy mayo

HAND CUT FRENCH FRIES 40 v GF

SHRIMP CRACKERS 12 | EMPING CRACKERS 12 v

VEGGIE CORNER (12pm onwards)



TEMPE BURGER 65

Tempe patty, onion rings, tomato relish, mayo, tomato, cucumber lettuce in a charcoal bun served with fries or salad

GRILLED VEGGIE SANDWICH 65

Grilled pumpkin, paprika, zucchini, eggplant, caramelized onion, greens, home made hummus & feta with fries or salad

FALAFEL SANDWICH 65

With hummus, tomato, cucumber with fries or salad

SHAKA BOWL 60

Homemade falafels, mixed greens, red cabbage, cucumber, cherry tomato, red onion & tahini dressing

BARRELL BOWL 55

Grilled pumpkin, mixed greens, cucumber, tomato, avocado, corn, sunflower seeds, balsamic dressing & garlic toast

Add 2 pcs tempeh satay +10

Add 2 pcs chicken satay +15

MANGO SALAD 55

Seasonal mango, greens, red pepper, red onion, cucumber, mint, toasted almonds, feta with lime vinaigrette

INDO BOWL 55

Mixed or yellow rice, tofu, tempeh, boiled egg, sprouts, green beans, cucumber, tomato, carrots, emping crackers, peanut sauce

VEGGIE INDONESIAN CURRY 55

Tempe, tofu, veggies with mixed or yellow rice v GF

VEGGIE NASI GORENG 55

Indonesian fried rice with 2 satay, emping crackers & egg

VEGGIE CAMPUR 55

Corn fritter, tempe satay, homemade peanut sauce, veggies, egg, peanuts, coconut flakes, emping crackers & mixed or yellow rice

JACKFRUIT CURRY 55

Served with mixed or yellow rice

ALL PRICES ARE SUBJECT TO 5% SERVICE CHARGE FOR THE AWESOME STAFF + 11% GOVERNMENT TAX TO MAKE INDONESIA GREAT. ALL PRICES ARE IN THOUSANDS OF RUPIAH
MINIMUM CARD TRANSACTION 100K

SORRY,
NO CHANGES TO THE MENU

FOOD

V VEGAN
GF GLUTEN FREE
SF SUGAR FREE

CHICKEN *(12pm onwards)*

CHICKEN BURGER 75

Chicken fillet, onion rings, tomato relish, mayo, tomato, cucumber lettuce in a charcoal bun served with fries or salad

CHICKEN CURRY 65

With mixed veggies & coconut milk, served with mixed or yellow rice GF

CHICKEN SATAY 65

6 skewers of grilled chicken satay, homemade peanut sauce, salad & mixed or yellow rice

CHICKEN NASI GORENG 60

Indonesian fried rice served with chicken satay, prawn crackers & fried egg

CHICKEN NASI CAMPUR 60

Corn fritter, chicken satay, homemade peanut sauce, veggies, egg, peanuts, coconut flakes, prawn crackers & mixed or yellow rice

EXTRAS

Must be added to a menu item

EXTRA TWO EGGS 10

SMASHED AVO 20

ROSEMARY HASHBROWNS 30

EXTRA CHEESE 10

SOURDOUGH TOAST 5

GLUTEN-FREE TOAST 5

GRANOLA 5

TOMATO ONION RELISH 15

CARAMELIZED ONION 15

HOMEMADE PEANUT BUTTER 15

CHANGE RICE TO FRIES 10

EXTRA RICE 20

EXTRA FALAFELS 15

TAKE AWAY BOX 4

SWEETS



BROWNIE & ICE CREAM 50 V GF

Chocolately gluten-free and vegan brownie with your choice of ice cream



ICECREAM 30/scoop V GF (CASHEW BASED)

Chocolate

Classic vanilla

SALTED CARAMEL TART 35

Homemade, contains peanuts V GF

SURFERS SNICKER BAR 25

Peanuts, dates, oats, coconut, sesame seed, vegan chocolate V SF

BLACK RICE PUDDING 32

Balinese black rice pudding with coconut milk & mango V GF

BROWNIE ENERGY BALLS 15

Peanuts, dates, cocoa powder, coconut, flax, chocolate chips V GF SF

PB COCONUT ENERGY BALLS 12

Homemade peanut butter, oats, coconut, dates, cinammon, sea salt V SF

BANANA BREAD 17 V

With vegan chocolate & almonds

Add a scoop of ice cream for +20

GLUTEN-FREE BANANA BREAD 30 V

Made with arrowroot flour, cassave flour, rice flour & corn flour.

Add a scoop of ice cream for +20

PLAIN CROISSANT 25

CHOCOLATE CROISSANT 30

DOGGIE FOOD

CHICK'N & RICE 20

A bowl of food for our furry companions